Monday Memo – October 17, 2016

Awards and Recognition

- Carolyn Langer, Associate Professor, Director of Commonwealth Medicine's Office of Clinical Affairs and Chief Medical Officer of MassHealth, received the Harvard T.H. Chan School of Public Health Leadership Award in Public Health Practice on September 24th. This award, which is bestowed during Alumni Weekend, recognizes a graduate of the School of Public Health who has been an outstanding example of effective leadership and selfless service in the practice of public health in the public or private sphere.

- Erik Garcia, medical director of Community Healthlink’s Homeless Outreach and Advocacy Project, was awarded a Great Guy Award from the YWCA of Central Massachusetts October 17, during its annual Daybreak Breakfast. The award recognizes men who have demonstrated their commitment to end violence against women and children. Erik is being honored for his work at the local and national level to raise awareness in the medical community about how to identify and provide trauma informed care to survivors of domestic violence. Erik is also co-chair of the Worcester Alliance against Sexual Exploitation. The event was held at the Holy Cross Hogan Campus Center from 8 to 9:30 am, with guest speaker Dr. Heather Forkey, division chief and Child Protection Program director, Foster Children Evaluation Service.

Publications


• Dan Mullin was also co-author of:


Presentations

• Hugh Silk was a stakeholder panelist for the Massachusetts Health Policy Forum on Integrating Oral Health into ACOs in Boston on Oct 6th. He also was a reviewer and contributor for the Health Policy Forum's policy brief Integrating Oral and General Health: The Role of Accountable Care Organizations.
**Appointments:**

- Congratulations to the following faculty with recently completed academic appointments or promotions:

  **Matthew Libby, DO** was recently appointed as an Instructor in the Department. Dr. Libby received his medical degree in 2012 from the University of New England College of Osteopathic Medicine in Biddeford, ME and went on to graduate from the Lawrence Family Medicine Residency program based at the Greater Lawrence Family Health Center in 2015. After residency he accepted a position as a Family Medicine Physician at Outer Cape Health Services, Inc. in Wellfleet. A former Physics Instructor, Dr. Libby is an experienced teacher; he also served as a Master Trainer for the MCAT in Physics for the Princeton Review (2002-2009) and served as an EMR trainer for computerized physician order entry for Lawrence General Hospital (2013-15). His years of working with learners was beneficial to him as he is now able to successfully precept medical students in his office utilizing his strong clinical skills, and allowing them to experience what it means to be a family physician. Dr. Libby has been recognized for his teaching abilities with numerous awards including Society of Teachers if Family Medicine Resident Teacher Award (2015), Lawrence Family Medicine Residency Outstanding Teaching Resident Award (2015) and upon graduating from medical school the, Sauter Award for Graduate with Distinction, “for possessing those qualities the faculty would seek in their family physician.”

  **Pamela Tsinteris, MD, MPH** was recently appointed as an Instructor in the Department. Dr. Tsinteris is a 2013 Tufts University School of Medicine graduate where she completed their MD/MPH combined degree program. She is a 2016 graduate of the Worcester Family Medicine Residency Program with training at the Family Health Center of Worcester (FHCW). Upon graduation she accepted a faculty position at the health center where she will provide clinical care to an underserved and vulnerable population in the Worcester community. She will occasionally precept medical students from UMass and will also be overseeing the suboxone and chronic pain programs at FHCW which will involve teaching residents and providers. As a resident she served as the Call Schedule Coordinator, planning and organizing the resident call schedules for all of the residents based at the site. She sought out an active role in ‘chart rounds’ where her knowledge and ability to present a case set a great example for the junior residents. She is described as an excellent teacher, insightful and patient and she indicates that she will continue to mentor students and residents as her time permits. Dr. Tsinteris has also demonstrated a commitment to quality improvement and completed a project related to increasing eye exams for diabetic patients; a project that will continue due to her work. Additionally, she has demonstrated an interest in caring for patients in an institutional/correctional setting. This interest resulted in a presentation at the Academic and Health Policy Conference on Correctional Health in 2015.
Tasmina Hydery, PharmD, RPh was recently appointed as an Assistant Professor in the Department. She is currently a Clinical Consultant Pharmacist in Clinical Pharmacy Services within Commonwealth Medicine. Prior to her arrival she worked as a staff pharmacist for CVS Health at various locations in Massachusetts and Rhode Island; she continues to work as a floater pharmacist for them. Her UMMS faculty appointment will become her primary affiliation; she holds adjunct appointments with Boston College and Mass College of Pharmacy. Dr. Hydery received her Doctor of Pharmacy degree in 2011 from Albany College of Pharmacy and Health Sciences. In 2013 she completed a Masters of Business Administration degree from Boston College/Carroll School of Management. She joined Commonwealth Medicine in 2013 and serves as the clinical pharmacist lead, implementing formulary initiatives for specialty medications for MassHealth. She has been involved in developing clinical criteria and guidelines for various drugs being added to the MassHealth formulary. Within her areas of expertise she has also applied for grant funding and served as PI on one in 2008 awarded by American Foundation of Pharmaceutical Education and Co-PI on two others in 2014-15 and 2015-16 awarded by Commonwealth Medicine. She has already demonstrated a commitment to scholarly activity delivering presentations regionally and nationally in her area of expertise as well as through publishing articles in peer reviewed journals. She actively participates in editorial work including as a Contributor to Clinical Pharmacy Services Pipeline TR,ends and as a Peer Reviewer for Clinical Therapeutics, an international peer reviewed journal. Dr. Hydery also contributes academically by precepting pharmacy students and residents. Dr. Hydery embraces the mission of Family Medicine and Community Health. Having worked in a community pharmacy practice a few years she realized the importance of population health on a larger scale. She is interested in contributing to the educational needs of the family medicine residency programs as well as the HIV and Viral Hepatitis C Fellowship. Her expertise in medication management and population health will be an asset to the Department.
WELLNESS MOMENTS FOR THE MONDAY MEMO

Two Wolves - A Cherokee Parable

An old Cherokee chief was teaching his grandson about life...

"A fight is going on inside me," he said to the boy.

"It is a terrible fight and it is between two wolves.

"One is evil - he is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, self-doubt, and ego.

"The other is good - he is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith.

"This same fight is going on inside you - and inside every other person, too."

The grandson thought about it for a minute and then asked his grandfather,

"Which wolf will win?"

The old chief simply replied,

"The one you feed."