Monday Memo – October 24, 2016

Presentations

- Our sports medicine faculty and fellows had several presentations at the New England American College of Sports Annual Medicine Meeting in Providence RI last week:
  
  Herb Stevenson, Bill Chrisostomidis, Lee Mancini, Pierre Rouzier and Greg Little presented “A Multi-Disciplinary Approach to Post-Concussion Management”.

  Kim Sikule presented “A College Basketball Player with Worsening Secondary HTN from Focal Segmental Glomerulonephritis”.

  Elana Bannerman presented “A Cloudy Case of a Knee Effusion due to Staph Epidermidis”

- The Collaborative Family Healthcare Association’s 18th Annual Conference was held in Charlotte, NC on October 14. At this conference the leadership baton was passed as Tina Runyan started her two year term as President of the Association. In addition, our faculty made several presentations at the conference:

  Dan Mullin, with Amber Hewitt, Lauren Eidt-Pearson and Judy Hsu presented “Treating Opioid Dependence as a Chronic Condition in Primary Care: Implications for the Training and Practice of Medical and Behavioral Health Providers”.

  Tina Runyan presented “Burnout Among Integrated Behavioral Health Providers: We Can't Save the World Without Saving Ourselves.”

  Sandy Blount (with C. J. Peek) presented on the process of creating the Colorado Consensus Competencies for Behavioral Health Clinicians in Primary Care
• Sandy Blount gave a Plenary address to the attendees at the PCMH Congress of the National Committee on Quality Assurance in Chicago on October 9, and on October 19 led the statewide meeting on developing the workforce in Primary Care Behavioral Health in Concord, NH. The meeting was built upon the report on the same topic of which Sandy was first author. [http://www.antiochne.edu/wp-content/uploads/2016/09/EFH-128-Integrated-Care-RPT-final.pdf](http://www.antiochne.edu/wp-content/uploads/2016/09/EFH-128-Integrated-Care-RPT-final.pdf)

• Hugh Silk presented at the Connecticut Academy of Family Physicians Annual Symposium in Plantsville CT on October 20th on the topic of “A Practical Approach to Oral Health Issues Across the Lifespan.”

• Dan Mullin recently presented the following:


  “Rationale and Principles for Medication Assisted Treatment of Patients with Opioid Use Disorders by Integrated Primary Care Teams”, at the University of Vermont 2016 Transforming Primary Care and Behavioral Health Conference in Essex, Vermont on October 21

  “The Integration Metrics Project” (co-author), also at the University of Vermont 2016 Transforming Primary Care and Behavioral Health Conference in Vermont

  “Overcoming the Challenges of Implementing MI in the Primary Care Setting” (co-author), a workshop at the AAFP’s 2016 FMX Conference on September 23.

**Professional Service**

• Hugh Silk was the family medicine representative at the 2016 Symposium on Oral Health and Primary Care held by the National Interprofessional Initiative on Oral Health at Stone Mountain, GA Oct 17-18. The group committed to projects including supporting efforts to expand a dental benefit into Medicare, increased emphasis on oral health in prenatal care/education, and more oral health requirements in medical training.
Medical Student Education

- Kimberly Sikule, sports medicine fellow, Alan Chang (Benedict Primary Care Medicine) and Margaret Chang (Family Health Center) spoke on Oct. 20th at the second session of the Primary Care Principles Optional Enrichment Elective for 1st and 2nd year medical students.

Practice Announcement

- Bill Foley, Katherine Riggert and Kristin Foley announce the opening of the Westborough branch of their traditional osteopathic practice: Boston Osteopathic Health. They have been providing osteopathic treatments in conjunction with whole-person care in their Newton office since 2008, and now are looking to expand to offer more convenient access to their Central Mass patients.

WELLNESS MOMENTS

The Three Question Journal: A Few Minutes a Day Can Cultivate New Awareness

Start by slowly reviewing your day backwards, in your mind, and ask yourself three questions:

1. What **Surprised** me today?
2. What **Touched my Heart** today?
3. What **Inspired** me today?

Answer each one in turn; writing these down in a journal is best but even silent reflection is helpful.

*The voyage of discovery lies not in seeking new vistas but in having new eyes.*

- Proust