Monday Memo – February 13, 2017

Epic Update

A brief reminder that registration is now open for training on the Epic electronic record, which will go live in October, 2017. Training includes:

An online e-learning module (available later this year) which must be completed before attending classroom training

  o A 6 hour provider-led classroom session, starting in mid-August. You can register now at https://myhr.umassmemorial.org/site/index (or if you are remote, at http://www.healthstream.com/hlc/ummhc ). Sessions are available Mondays through Saturdays.
  o A 3 hour Personalization Lab.

Questions about Epic training (are you being assigned the appropriate training modules? etc.) should be directed to epictraining@umassmemorial.org.

David Gilchrist and Marcy Boucher are continuing as our Department representatives to the development phase.

Appointments

Congratulations to the following faculty with recently completed academic appointments:

Bonnie Greenwood, PharmD, BCPS was recently appointed as an Assistant Professor in the Department. Dr. Greenwood received her Doctor of Pharmacy degree in 2005 from Northeastern University, Boston, MA. She is currently Director of Clinical Programs, Clinical Pharmacy Services within Commonwealth Medicine. Prior to her arrival she worked as a Staff Development and Perioperative Services Manager, Department of Pharmacy Services at Brigham & Women’s Hospital (2010-14). Her UMMS faculty appointment will become her primary affiliation; she holds adjunct appointments with Northeastern University and Mass College of Pharmacy.
As an educator, Dr. Greenwood provides oversight for longitudinal research projects conducted by the first year residents in the Managed Care Pharmacy Practice residency based at UMass Medical School Clinical Pharmacy Services. Dr. Greenwood currently holds a leadership role on a major regional committee, serving as the coordinator for the New England States Consortium Systems Organization (NESCO) Pharmacy Learning Network. In this role she facilitates discussions with state Medicaid pharmacy directors to learn how to foster collaboration amongst the agencies. Dr. Greenwood has already demonstrated a commitment to scholarly activity delivering presentations regionally and nationally in her area of expertise as well as through publishing articles in twelve peer-reviewed journals, four of them a primary author. She also serves as a peer reviewer for the Journal of Managed Care and Specialty Pharmacy.

**Jennifer Luo Powell, DO** was recently appointed as an Instructor in the Department. Dr. Powell received her medical degree in 2013 from the University of Medicine and Dentistry of New Jersey, School of Osteopathic Medicine (currently known as Rowan University) and went on to graduate from the UMass Worcester Family Medicine Residency program in 2016, with training at the Barre Family Health Center (BFHC). Dr. Powell recently accepted a position with Family Medicine Physician Hallmark Health Medical Associates in Malden, where medical students have gone for their 3rd year Family Medicine clerkship. Dr. Powell has expressed an interest in precepting medical students and residents as she establishes her practice in Malden and we look forward to having her join our preceptor network.

As a resident Dr. Powell completed several quality improvement projects on teen health/sexual education as well as improving patient communication through use of a portal and transitions of care. She served as Chair of the Resident Committee for the Massachusetts Academy of Family Physicians and was the Massachusetts resident Ambassador for the American Osteopathic Association Ambassador Program. While based at the BFHC she participated in community leadership activities including the coordination of two health fairs where patients had access to flu vaccines, hosted blood drives and provided various allied health information to the community. Additionally, she maintains professional memberships with many organizations including the American Academy of Family Physicians and the American Osteopathic Association.
WELLNESS MOMENTS

For the last in our series of what traits are found amongst inhabitants of the Blue Zones, we look at stress, purpose, and activity:

1. Chronic stress leads to inflammation which leads to cancer and heart disease. Each community does something to alleviate this – pray, happy hour, a nap, or meditation. What will you add/adjust?
2. Have a sense of purpose. This may be the easiest one for us in this department who care for others and do research, etc. Having a reason to rise in the morning is worth 7 years of life expectancy.
3. Move naturally. Being active is not about going to the gym – it is about biking rather than driving, tending to a garden, taking the stairs, etc. Adjust your daily flow to add more natural activity.

You can take the Blue Zone Vitality Test to see how long you will live at: 
https://www.bluezones.com/

There are lots of tips on the website to make your life healthier and a newsletter too.

Keep Calm and Be Active