Monday Memo –May 15, 2017

Professional Service

- Lucy Candib has been named by the STFM Executive Committee as the next STFM representative to WONCA, the World Organization of Family Doctors. Lucy was recommended by the Collaborative on Global Health leadership, which vetted an impressive list of applicants. Lucy’s 4-year term will begin July 1, 2017 and run through June 30, 2021.

Presentations

Faculty and residents who presented at the May 5-9, 2017 meeting of the Society of Teachers of Family Medicine in San Diego included:

- Susan Boisvert, MD, et al. *Fellowship: How to Steer the Right Course* (breakfast session)
- Philip Bolduc, MD, et al. *Reflections on 35 Years of HIV Care: The Role of the Family Physician Then, Now, and in the Future* (panel discussion)
- Deborah Dreyfus, MD, et al. *Attitudinal Changes in Residents After an Exposure-based Curriculum on Intellectual Disabilities* (research paper)
- Mark Fitzgerald, MD, Daniel Wemple *Triple Aiming at High Utilizers: A Novel Complex Care Management Program in a Residency Outpatient Clinic* (workshop)
• Jeffrey Geller, MD, et al. (Lawrence Family Medicine) Using Integrative Medicine as a Model to Teach Shared Decision Making (seminar)
• Lisa Gussak, MD, Phillip Fournier, MD Teaching Medical Students Physical Diagnosis: An Innovative Longitudinal Approach (lecture-discussion)
• Lisa Gussak, MD, Tracy Kedian, MD, et al. Challenging Learners: Challenging the Experts (panel discussion)
• Ivonne McLean, MD, et al Beyond #WhiteCoats4BlackLives: Perspectives on Racism, Implicit Bias, and Diversity Education Within Family Medicine Residency Programs (panel discussion)
• Tina Runyan, PhD STFM Collaborative on Family and Behavioral Health Task Force on Resident Wellness Panel Discussion (panel discussion)
• Judy Savageau, MPH, Tricia Seymour, MD, MS, David Goldstein, MD, FHM Training Family Medicine Residents for Hospital-based Work: A Survey of Adult Medicine Inpatient Curricula (workshop)
• Sherrilyn Sethi, PhD, Hugh Silk, MD, MPH, Sara Shields, MD, MS, Neha Wacks, MD, et al. Art in the Art of Medicine: Incorporating the Visual Arts Into Residency Curricula (seminar)
• Hugh Silk, MD, MPH, Nidhi Lal, MD, MPH. Narrative Medicine as a Competency (breakfast session)
• Hugh Silk, MD, MPH, et al. STFM Poetry and Prose Session 2017
• Sara Shield, MD, MS, et al. Sticking With It: Mentoring New Maternity Child Health Providers for the Long Haul (seminar)
• Sara Shields, MD, MS, et al. Procedure Competency Assessment Tools: Lessons Learned (lecture discussion)
• Anthony Valdini, MD, MPH, Keith Nokes, MD, MPH (Lawrence Family Medicine), et al. Learning Spanish in Residency: Si Tu Puedes (breakfast session)
• Virginia Van Duyne, MD, et al. Results From a National CERA Study of the Use of Laborists and Family Medicine Residency Training (lecture-discussion)

Tracy Kedian, MD served as a member of the STFM Program Committee, which is responsible for developing the annual program and for peer review of submissions. In addition, Dan Mullin, PsyD, MPH led the Emerging Leaders learning lab for the STFM Emerging Leaders Fellowship.

Publications

Joanne Calista, Department faculty member and Director of the Center for Health Impact (Central Mass AHEC), is first author of an Editorial in Medical Care: “Moving the Advance Care Planning Needle With Community Health Workers”, Calista, Joanne MS, LICSW; Tjia, Jennifer MD, MSCE
WELLNESS MOMENTS FOR THE MONDAY MEMO

After eating lots of vegetables and fruits, the next single thing that will help prevent disease and make you feel better is exercise. ARG; I hate exercising! So, find a way to make it fun. Set your phone’s alarm to go off every 90 minutes, and take a 5 minute walk.

Mindful walking is a type of meditation where you can count to 5; count every step (1, 2, 3, 4, 5), then repeat. Not only will you get your body healthier, your mind will be more relaxed and ready for the rest of the day.