Monday Memo – May 29, 2017

Awards and Recognition

- Ben Slocum, first year resident at FHCW was selected by the UMMS student chapter of the Gold Humanism Honor Society (GHHS) as one of six UMass residents to be inducted into the Gold Humanism Honor Society this year. Residents are chosen for their commitment to teaching and their kind and compassionate treatment of patients, families, students, and colleagues. Being elected to GHHS from the large pool of more than 500 housestaff at UMass is a major achievement and an acknowledgement of Ben’s serving as an exemplar of humanism to the students. The GHHS Induction Ceremony is next Wednesday, May 31st at 12:00 noon in the Chancellor’s Cube in the ASC.

Publications

- Joe DiFranza is author of “Is nicotine addiction a model for other addictions?”, Massachusetts Society of Addiction Medicine. Waltham, MA. May 19.

Presentations

- Michael Chin gave two public webinar presentations hosted by the Mass HIway, which is the statewide, state-sponsored health information exchange. The presentations were titled, “The Mass HIway Regulations: Overview and Implications for Healthcare Providers, Patients & Other Stakeholders” (April 26th), and “The Mass HIway Connection Requirement: Overview of the Year 1 Requirement” (May 18th). Slides and audio recordings of the two webinars are available here on the Mass HIway website.
Jennifer Averill Moffitt presented twice at the ACNM Annual Meeting in Chicago IL: Tuesday, May 23: “Implicit and Explicit Biases and the Chronic Stress of Racism: Using the Mindfulness-Based Childbirth and Parenting (MBCP) Model for Decreasing Stress and Increasing Resilience”, and Thursday, May 25: “Mindfulness-Based Childbirth and Parenting (MBCP): Decreasing Health Disparities and Increasing Resilience”. Included in the Thursday presentation were the results of a pilot study of MBCP at FHCW, funded by a UMass Family Medicine Public Service Grant.

WELLNESS MOMENTS FOR THE MONDAY MEMO

Spirituality Week 2

People define and experience spirituality differently, with or without religion, with or without a deity, with or without a set practice. Connecting to your spiritual side helps build resilience. As Elisabeth Kübler-Ross said, “People are like stained-glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their beauty is revealed only if there is a light from within.”

What will you do today to foster that light within?