



## *Thursday Memo – April 10, 2014*

Pam Adelstein (graduate of Family Health Center of Worcester) continues to be one of our most prolific writers for the Memo. She practices at Codman Square Health Center and is in the process of creating her own version of the Thursday Morning Memo currently writing a column for BMC . In this poem she offers the thing that no meaningful use or PCMH criteria will ever fully capture and yet is the essence of what we do in family medicine - listen, empathize, and simply be a partner with a patient in need.

You can respond to Pam at [pamadelstein@hotmail.com](mailto:pamadelstein@hotmail.com) or to the list serve directly. Enjoy!

### Griefkeeper

I may not be able to fix your pain  
Or make sure you keep your various appointments Or pay your co-payments Or make you take your medications.

I still have fifteen minutes  
To care for your medical needs  
Chief complaint  
Review of systems  
Printed paperwork  
And EHR documentation.

But despite all this  
I will be your safe space  
Where you can confide your secrets  
Your betrayals  
Your memories  
Your deepest hurts.

This sacred space I give to you may sway in the wind Tremble in an earthquake Echo with the rains But it will stand strong.

I will hold this for you.

I will be your griefkeeper.