



Monday Memo – September 29, 2014

Incredible Achievements

In our first Incredible Achievement item in the Monday Memo, we incredulously report that our own Stacy Potts recently completed an endurance marathon series of five marathons in five consecutive days: Day 1 (Sept.17): [Baker, Montana](#); Day 2 (Sept.18): [Bowman, North Dakota](#); Day 3 (Sept.19): [Belle Fourche, South Dakota](#); Day 4 (Sept.20): [Sundance, Wyoming](#); Day 5 (Sept.21): [Chadron, Nebraska](#). When you see Stacy, congratulate her and offer her some water.

Presentations

- Department members Judy Steinberg, Sandy Blount and Ali Connell were instrumental in a full day learning session delivered to teams from the Primary Care Payment Reform practices. All three helped facilitate break out sessions. Judy was the leader of the group that put the day together and kicked off the process. Sandy delivered the first plenary. Much of the content for the day was provided by a team from the University of Colorado Medical School Department of Family Medicine, led by Ben Miller, a leader in integrated behavioral health education and policy and a former post-doctoral fellow in our Department. Staff of the Center for Clinical Faculty Development (kudos to Sue Foley) were responsible for facilitating all logistics for the conference.
- Tina Runyan delivered three presentations at the 35th annual Forum for Behavioral Science in Family Medicine in Chicago last week. She conducted a seminar on *Taking Care of Our Own: Building Resiliency through Residency Wellness Program*; an interactive session with colleagues on *Career Journeys: Charting a Good Course, Smooth Sailing, Sudden Squalls, and Unexpected Destinations*; and a lecture with the recent graduate of the fellowship, Joan Fleishman, on *Preparing Practitioners for the Future of Primary Care: Living Laboratories for Interdisciplinary Training*.
- Jeff Baxter was an invited participant at the Buprenorphine Treatment Summit at the Substance Abuse and Mental Health Administration's (SAMHSA) central office in Rockville, Maryland on September 22 and 23. This summit, which takes place approximately every 3 years, brings together invited experts from around the country to help SAMHSA plan federal policy initiatives to improve and expand buprenorphine treatment.

· Steve Martin gave a talk at the Preventing Overdiagnosis Conference at Oxford University in England on Sept 16: *No Practitioner of Medicine Should be without a Sphygmomanometer: One Hundred Years of Hypertension*

Publications

· Steve Martin and Marcy Boucher are co-authors of. “*Mild Hypertension in People at Low Risk*, BMJ (Clinical research ed.) 349: g5432.PDF: <http://press.psprings.co.uk/bmj/september/hypertension.pdf> <http://www.bmj.com.ezp-prod1.hul.harvard.edu/content/349/bmj.g5432>. The article received significant media coverage in Time and other outlets.

· Hugh Silk had his article *Updates in Oral Health: How Does This Affect Your Patients?* published in the July/August edition of Worcester Medicine (2014:78(4):26) <http://www.wdms.org/PDF/womed0714proofJoyce.pdf>

Welcome

We'd like to officially welcome Alan Brown, MD, who was recently granted a joint appointment to our faculty. Dr. Brown is a Clinical Professor and Vice Chair of the Department of Psychiatry. While many of us have been fortunate to work with him over the years, more recently he has been consulting with us and seeing patients at the Barre Family Health Center, and he has been contributing to our teaching programs. He has been a valuable resource as our two departments are working on projects to provide more collaborative care to our patients, including new programs such as MassHealth's Primary Care Payment Reform (PCPR) initiative, and to develop innovative approaches to resident education.