

NAME

CP

BIRTHDATE/AGE

SEX

PATIENT PROGRESS RECORD

UNIT NUMBER

DATE & TIME:

CC: Chest pain

HPI: Patient is a 38 yo female with a PMH of asthma, obstructive sleep apnea, PE (May 2007), fibromyalgia and GERD who presents with 4 days of chest pain, shortness and breath and headache. The patient reports sudden onset chest pain mostly on the right with increasing severity, currently 9/10 since 4d PTA. She reports that the pain is constant and sharp. She states that the pain does not radiate to her arm or jaw. She also reports shortness of breath since 4d PTA, which is present even at rest but gets slightly worse with exertion. She denies cough or hemoptysis. She denies fever or sore throat. She reports that the sensation of SOB is distinct from her typical asthma symptoms. The patient also reports moderate pain (6/10) behind her right knee and calf which has also been constant since 4 d PTA and is sharp in quality. The patient denies recent travel, any recent sickness or periods of immobility. She has no recent surgical history.

The patient further reports headache since 4 d PTA which came on around the time of the chest pain (she does not recall the exact sequence). The headache is frontal, 8/10 severity, and described as “pounding.” The patient reports that she does not typically get headaches. She reports blurry vision but no light sensitivity or sinus pain. The patient has tried taking Tylenol for the headache and chest pain but has seen no improvement.

The patient had a similar episode of chest pain in May 2007 that was worked up extensively and finally attributed to a pulmonary embolism. The cause of the PE was never determined at the time of diagnosis or thereafter, but the patient has been on coumadin since that time and is followed by the coag clinic.

PMH: Pulmonary Embolism- May 2007
Fibromyalgia
Obstructive Sleep apnea- dx Jan 07
Asthma- no hospitalization or intubations
s/p Right foot surgery Aug 2006
s/p jaw surgery ~1986
GERD
Bipolar D/O

Home Meds as per med rec:

Coumadin 10 mg MWF, 5 mg Tu,Th,Sat,Sun
Prozac 30 mg po daily
Topomax 50 mg BID
Asmonex 2 puffs daily
Zyrtec 10 mg
Darvocet N 100 1 tab q4h prn pain
Prilosec 20 mg daily
Albuterol 2 puffs prn SOB

Allergies: Bactrim- rash

Amoxicillin
Sulfa drugs- rash
Gantrisin- rasj
NSAIDs- intolerance

Fam Hx: Fa- MIX2 @ 82 yo

Stomach cancer (age unknown, >30 years ago)
Mo- HTN
Aunt- diabetes

Social Hx:

Tobacco- 10 yrX 1 pack, quit 6 years ago
Ethanol- no use
Drugs- none
Occupation- Works in a pet store
Lives at home with husband, no children

ROS:

Gen: (+) weight loss- 20 lbs since Jan 2007 (intentional), (+) Headache, (+) weakness/vertigo
Skin: (-) rashes, (-) bruising
HEENT: See HPI (-) rhinorrhea, (-) allergies, (-) epistaxis
CV: See HPI, (-) HTN, (-) hypercholesterolemia, (-) murmur, 2+ pillow orthopnea, +PND, + mild edema of the legs
Resp: See HPI, (-) increased use of inhaler,
GI: (+) nausea, (-) vomiting, (-) constipation, (-) diarrhea, (-) abdominal pain
Urin: (-) polyuria, (-) dysuria
M/S: See HPI, (-) joint pain, (-) swelling
Neuro: (+) weakness of hands last two days, (+) decreased sensation on right face and right legs
(-) ataxia

PE:

Vitals (in ED, on arrival): T 36.5 BP 152/92 HR 83 RR 18 Pulse Ox 97% on RA

Gen: Obese woman, lying in bed appearing slightly uncomfortable but in no acute distress

HEENT: mildly dry MM, PERRL, EOMI, no scleral icterus

Neck: Supple, Øcervical lymphadenopathy, Øthyromegaly, no masses, midline trachea, (-) JVD

Resp: Mild crackles bilat. No wheezing or rhonchi

CV: RRR, S1/S2 present, systolic murmur loudest at the right upper sternal border no r/g

Abd: Obese, +BS, non-distended, non-tender, soft, no masses, no HSM

Ext: Mild (1+) edema, 1+ pedal pulses, no bruising

Neuro: AOX3, CN II-XII intact, decreased sensation on the right side of face and body. 5/5 strength in upper and lower extremities proximal muscles. 4/5 strength in hands bilaterally. Reflexes 2-3/5 bilat for patellar, braciocephalic, biceps and Achilles. No babinski.

M/S: tender under right leg on upper calf. tenderness under right breast on palpation of lower lateral ribs. Range of motion equal on both sides for hips, knees, elbows, shoulders, hands.