

### Case 3: 16 y.o. male with poor appetite

#### **Presentation**

Michael is a 16 y.o. male here for a routine health maintenance exam and has no complaints.

Michael is very active. He is involved in varsity track and baseball. He is a straight “A” student at a Private Academy. Parents love his excellent grades and sports prowess. He is a nice kid. Parents wish he would work harder and clean his room.

For the past few months he complained of a poor appetite. He’s just not hungry. He picks at his food. There are lots of power struggles around eating. He lost 10 lbs over the last few months.

His diet consists of a small bowl of cereal w. skim milk for breakfast. He skips lunch. For dinner he has a salad.

Denies fever, vomiting, diarrhea, constipation.

PMH: None

Meds: None

Allergies: None.

Family History: Mom 5 feet tall. Dad is 5 feet 5 inches. Both parents have normal build. No other significant medical history.

#### **PE:**

General Appearance: Appears well, engaged, happy, no distress.

Growth: Height: 63 inches. Weight: 40 kg.

Vital Signs: Temp: 96.4; Pulse 37 -rate is regular. RR 16; BP 100/60

HEENT: Normal

Neck: Supple without adenopathy.

Lungs: Clear.

Abdomen: Soft non-tender without masses.

GU: Tanner V

Neuro: Normal

Skin: Dry.





## **List Findings**

## **Group findings**

## **Problem List**

**Gist:** Write one or two sentences giving the essence of this case. Be brief!

**Generate Differential Diagnoses,** order the differential, and explain your reasons

**Action Plan**

Diagnosis