Medical Student Education

- The Health Policy interstitial clerkship was held on December 15 for third year medical students, as it has been annually for the past twenty years. Bob Baldor and Jerry Gurwitz co-direct the clerkship. Plenaries were given by Michael Tutty, “Health Policy: What Is It? Why Should I Care?”, Stuart Altman, “How Will the Healthcare System Respond to Less Funding in the Future?”; and Eric Dickson, “Diamonds in the Rough: How the Best Healthcare Systems are Delivering Value to Their Communities”. Department faculty who served as small group leaders included Jay Broadhurst, Suzanne Cashman, Michael Chin, Alan Chuman, Matt Collins, Frank Domino, Alan Ehrlich, Lou Fazen, Phil Fournier, Raj Hazarika, Michael Kneeland, Carolyn Langer, Marilyn Leeds, Kimberly Lenz, Beth Mazyck, Jill Morrow-Gordon, David Polakoff, Michele Pugnaire, and Tom Scornavacca,

- Dennis Dimitri was an invited speaker/panelist at Tufts University School of Medicine. He addressed the topic of “Active Citizenship as a Physician” for the first year Tufts medical student class.

EPIC update

- All clinicians in the department should have received an email regarding training for EPIC that will happen in August and September of 2017. There will be E learning 4U modules and 6 hours of classroom training. If you have any questions about EPIC training, please email epictraining@umassmemorial.org For clinicians that only see patients in the outpatient setting, you should be assigned to the ambulatory module. There is no family medicine specific module. For clinicians that do outpatient care and inpatient care of adult patients on the medical units, you should be assigned to the ambulatory/inpatient module for your in person training session. For clinicians that also care for patients on labor and delivery, you will do an additional 6 hour in person training on the STORK module. For clinicians that do not care for L&D patients but
provide postpartum care, it is currently under discussion what additional training you will need but this may be a module in E learning 4U. Many of you will also notice this month that IT staff will be trading out hardware and equipment in your clinical areas to add the touch and go sign on in addition to other equipment. This will all better prepare us to be ready for go live next fall. As mentioned, training questions should be directed to the epic training email address but Marcy Boucher and I should be emailed with other questions should they arise.

Chair’s corner: The Department has many talented faculty who serve in a variety of leadership roles. Those who are responsible for major sites and/or programs, with responsibility for accreditation/maintenance of standards, and for recruiting, supporting, and reviewing the performance of faculty, staff, residents and fellows come together monthly as a Leadership Team.

There have been several recent changes in the membership of the Team, including:

- Mary Flynn has joined the Team as Medical Director at Plumley Village Health Services;
- Val Pietry has joined the Team as Interim Chief Medical Officer at Family Health Center of Worcester; and
- Sara Shields has joined the Team as our Director Inpatient Perinatal Services.

In addition, last year’s Chair’s Advisory Group recommended that we should add two additional members to the Team to boost our focus on diversity and succession planning. We solicited nominations from across the Department, and this year added Mary Lindholm to the Team for a two year term. We will add a second member next year.

The Leadership Team is charged with:

- Providing communication regarding critical issues to and from Department sites and major programs;
- Testing and modifying key communications;
- Offering input and serving as a sounding board for critical issues to the senior leadership team;
Discussing and resolving resource issues;
Identifying cross-departmental themes and issues; and
Managing urgent and important projects and problem-solve issues that impact delivery or effectiveness (issues that affect visibility, vulnerability or liability).

Minutes of the Management Team are posted on the Department’s library web page under the “Departmental Resources and Documents” tab. Other members of the Team include Bob Baldor, Alan Chuman, Joe DiFranza, Dennis Dimitri, Frank Domino, Steve Earls, Warren Ferguson, Dave Gilchrist, Beth Koester, Dan Lasser, Beth Mazyck, David Polakoff, Stacy Potts, Tina Runyan, Herb Stevenson, Ginny Van Duyne, and Linda Weinreb.

WELLNESS MOMENTS

The next 3 weeks’ Wellness Moments will be based on the Blue Zones (www.bluezones.com).

These are 9 traits that are similar within the Blue Zones of the world where people live the longest (Okinawa, Japan; Ikaria, Greece; Nicoya Peninsula, Costa Rica; Barbagia region of Sardinia; Loma Linda, California).

Many of you already do many healthy things – see if these themes align with your philosophy for health.

Let’s take 3 per week: Today’s theme – What and How we eat.

Those that live the longest and healthiest:

1. Eat more of a plant based diet. They eat a lot of beans, and eat meat only 5 times a month on average. Try adjusting your plate.
2. Stop eating when they are 80% full. This is not easy to figure out! Also – the last meal of the day is often the lightest.
3. Have an alcoholic drink a day. Moderate drinkers live longer than nondrinkers (with the exception of the Seventh Day Adventists in Loma Linda.) The trick is to have only one, and to do it with friends.

Next week we will pick up on the theme of friends…