Illness Scripts Assignment

- Illness Script Components:
  - What is the epidemiology? (who gets this condition and when)
  - What is the pathophysiology?
  - What is the clinical presentation (includes signs, symptoms, labs as appropriate)

- Here is an example of an illness script for Croup:

**CROUP:**

i. Epidemiology: Infants and toddlers (6 months to 3 years). Usually late fall and early winter

ii. Pathophysiology: Parainfluenza virus. Swelling/edema of the subglottic area (laryngo-tracheo-bronchitis)

iii. Clinical Presentation:

   1. Viral URI prodrome followed by fever, barky cough, stridor, and retractions. Not usually ill appearing.
   2. Worse in middle of night
   3. Gets better with warm steam or cold air.
   4. Steeple sign on AP soft tissue X-ray of neck.

iv. Management: Decadron p.o x 1.

**NOTE**
This was not an exhaustive treatise on croup. They are high yield points that help paint a picture of a child with croup. It helps us diagnose the condition. It helps us distinguish this disease from other cough or stridor diseases.