Presentations

- At this past weekend’s AAMC Annual Meeting in Boston, Warren Ferguson facilitated a panel discussion with Precious Bedell, Shannon Bell, Andreas Mitchell, Josiah “Jody” Rich, and David Cloud devoted to Social Justice Behind and Beyond the Bars: Criminal Justice Health and Academic Medicine. The AAMC assisted the presentation by producing a series of taped interviews with several former inmates discussing the intersection between health care, incarceration, and reentry. The video led to group discussion of initiatives that academic institutions could develop educational, clinical and research activities to improve the health and wellbeing of criminal justice populations.

- Tina Runyan gave an invited presentation at the AAMC Annual meeting in Boston on Fostering Wellness in the Clinical Learning Environment: A Systems Approach to Caring for Caregivers along with Alison Whelan, Chief Medical Officer from the AAMC, Charlene Dewey, and Jess Mandel.

- The Collaborative Family Healthcare Association (CFHA) conference was held in Houston, TX October 19-21st week with good representation from the department. Tina Runyan presented a pre-conference on Mindfulness, Self-Compassion and Personal Resilience in Medicine and Participated in Speed Mentoring. Amber Hewitt led a task force on Opioid Integrated Care Initiatives and gave a presentation on Preparing Physicians to Practice Integrated Behavioral Health: A Competency Based Curriculum, and Dan Mullin and Sandy Blount presented on Building the PCBH Workforce by Developing Non-Clinician Team Members.

- We neglected to report previously that Ron Adler was the second member of our faculty (along with Sandy Blount) who was one of 50 invited participants at the October 4-6 Starfield III Summit: Meaningful Measures for Primary Care, in Washington. Ron reports that the discussion focused on what matters in primary care and how what matters should be measured and those results used in ways that are helpful for patients, clinicians, and our health care system. The Summit was sponsored by The Agency for Healthcare Research and Quality, the AAFP’s Family Medicine for America’s Health, the American Board of Family Medicine Foundation, the North American Primary Care Research Group, and Virginia Commonwealth University.

• Bill Foley just finished teaching a 3 day course with Christine Mitchell entitled Anatomy 101 in Bolton, MA. Participants came from across the United States, as well as Canada, Spain, and the U.K. This course was the first part of a two-part anatomy intensive with both lecture and practical sessions. The material is based on the work of William Sutherland, D.O. and research done over the last fifty years by James Jealous, D.O. Department faculty Kathi Riggert and Kristin Foley were also participants.

Publications


Awards and Recognition

• Several Department staff and faculty were honored at the Medical School’s Annual Employee Service Celebration on October 18. They are Linda Hollis (30 years), Kate Sullivan (15 years), and Heather-Lyn Haley (15 years). Thanks Linda, Kate and Heather for your many years of service to our Department and to the Medical School.

WELLNESS MOMENTS FOR THE MONDAY MEMO

I am recently back from the 2017 American Conference on Physician Health: Creating an Organizational Foundation to Achieve Joy in Medicine, co-sponsored by the AMA, the Stanford WellMed Program and the Mayo Clinic. This conference was the first of its kind and presented the Stanford Medicine model focused on professional fulfillment (happiness or meaningfulness, self-worth, self-efficacy and satisfaction at work). The model recognizes three domains of equal import as shown below to achieve professional fulfillment, a loftier goal than burnout prevention.
There was a plenary by physician and author Abraham Verghese who eloquently spoke about presence (http://med.stanford.edu/presence.html) and a fireside chat with the 19th US Surgeon General Dr. Vivek H. Murthy, MD who spoke about connection in the workplace and the need to change the culture of medicine and the clinical learning environment to focus on modeling healthy boundaries. Both the privilege of being a clinician as well as the inherent stress of medical practice were emphasized as two qualities unlikely to change. However, changing one’s experience to the stress is possible and Dr. Murthy ended by stating that “a culture of kindness can spread more quickly than an infectious disease.” Perhaps that kindness can extend to include yourself as well. I invite you to enjoy this brief meditation – a practice you can use within your busy clinic day or any time you might need a gentle reminder that kindness begins with you: https://vimeo.com/230482189.