Monday Memo – November 13, 2017

Awards and Recognition
At the Department’s October 17 annual faculty dinner, we celebrated some of the outstanding accomplishments of the faculty. We were pleased to recognize the following:

- **Outstanding Community Clinician Award:** Fred Baker, MD – Fred was recognized for a full spectrum of accomplishments, including his commitment to his patients and to the community of Holden, his obvious enthusiasm for teaching students within his practice, and his outstanding leadership and advocacy for primary care as President of both the Worcester District Medical Society and the Massachusetts Academy of Family Physicians.

- **EPC Community Educator Award:** Stanley Sagov, MD – Stanley has been teaching UMass medical students for over three decades in his office in Arlington. Students describe him as a true Renaissance man who values long term patient relationships and the importance of history taking while closely listening to patients.

- **Education Awards:**
  - Joan Dolan, NP has worked tirelessly with our students and residents teaching them with patience and providing valuable clinical expertise at the Hahne Mann Family Health Center.
  - Judy Hsu, DO is recognized as an excellent role model for students and residents at the Barre Family Health Center. Most recently she has shepherded the development of Project ECHO as a new modality for supporting primary care physicians to take on the care of complex medical conditions such as Hepatitis C within their local practices.
  - Cynthia Jeremiah, MD has brought her creativity to bear in several areas over the past three years. In addition to her leadership in teaching at the Barre Family Health Center, she is a regular contributor to the core curriculum for the third year clerkship and leads a DCS small group. She has also developed and successfully launched the “Girl Talk “curriculum aimed at 11-15 year old girls.
  - Jason Numbers, MD is an engaging attending on our Hospital Medicine service who helps medical students and residents grow as learners. He has assumed the role of FMIS director this past year and is working to reinvigorate the critical care curriculum.

- **Chair’s Awards:**
Jay Broadhurst, MD has served each and every aspect of the Department’s mission with dedication and resourcefulness over decades; he is a role model for the breadth of Family Medicine.

Beth Mazyck, MD has demonstrated ingenuity and the resolve to carry through on multiple agendas, keeping a complex operation on mission and on an even keel. She is a tremendous asset to the patients we care for, the residents we train and the faculty who come to work every day.

Medical Student Education

- Hugh Silk, Jay Broadhurst and Donna Jones taught in the recently offered annual Oral Health interstitial on November 2 for UMMS and GSN students.

- Stacy Potts, Samantha Minski and Jennifer Carty presented with Beverly Nazarian at the November 2nd session on “Integrating Primary Care and Behavioral Health” for the Primary Care Principles Optional Enrichment Elective. Several students remarked that they did not realize the importance of collaboration across disciplines and asked how to determine during interviews if a practice offered integrated care.

Next week we will acknowledge the many faculty who facilitated small groups and assisted in evaluation for the recently concluded Population Health Clerkship.

Publications

- Roger Luckmann is first author and Mary Jo White a co-author of Luckmann, R., White, M.J., Costanza M.E., Frisard, C.F., Cranos, C., Sama, S., Yood, R. (2017). Implementation and process evaluation of three interventions to promote screening mammograms delivered for 4 years in a large primary care population. Translational Behavioral Medicine, 7 (3), 547-556.

- Paula Gardiner is a co-author of The Latino Integrative Medical Group Visit as a Model for Pain Reduction in Underserved Spanish Speakers; Oscar Cornelio-Flores, Anna Sophia Lestoquoy, Sheila Abdallah, Amanda DeLoureiro, Karla Lorente, Bryan Pardo, Joseph Olunwa, and Paula Gardiner, THE JOURNAL OF ALTERNATIVE AND COMPLEMENTARY MEDICINE, Volume 00, Number 00, 2017, pp. 1–7,ª Mary Ann Liebert, Inc., DOI: 10.1089/acm.2017.0132

- Linda Weinreb, Melodie Wenz Gross, and Carole Upshur authored a new publication, Postpartum outcomes of a pilot prenatal care-based psychosocial intervention for PTSD during pregnancy, which appears in the Archives of Women’s Mental Health (2017), https://doi.org/10.1007/s00737-017-0794-x

- An article written by Phil Bolduc on HIV pre-exposure prophylaxis was just published in the American Academy of HIV Medicine HIV Specialist Magazine and may be found here: https://aahivm.org/wp-content/uploads/2017/10/HIV-by-the-Numbers-FINAL.pdf
Presentations

- Sara Shields, along with four medical students, by invitation from chair Brian Jack, co-presented for the October 31 BU Family Medicine Grand Rounds on *Infant Mortality: A Community Engagement Model*. Jen Moffitt had also helped with the presentation but was unable to attend. The four students were Joanna Glanz and Elizabeth Meyer from the class of 2019 and Eden Hen and Paul Rizzo from the class of 2020.

- Amber Hewitt and Steve Martin gave a presentation on *Assisting Patient Populations With Addiction Needs* at the 2017 Annual Learning Collaborative Primary Care Works provided by Brown Alpert Medical School and the Care Transformation Collaborative of Rhode Island.

- Sue Wolf-Fordham presented *Public Health and Disasters: Integrating Three Projects*, at the American Public Health Association’s Annual Meeting. Jill Morrow-Gorton from the Office of Clinical Affairs co-authored the presentation. The presentation described the Community Health Center emergency planning toolkit Jill and Sue developed; Rescue-D, an online course being developed at the Shriver Center; and a review of the mental health response to the Boston Marathon Bombings, developed by Rick Beinecke, Suffolk University.

WELLNESS MOMENTS

Work/Life Balance – Week 1

As medical providers, we are trained to work hard and to put in many unpaid and unrecognized hours. This extra work that goes on behind the scenes represents an especially high burden in primary care. Many of us bring that work home with us, spending evenings after dinner or after children go to bed documenting patient encounters and filling out disability forms. When we do work in our homes, they become places of work as well. For a challenge this week, try to finish all your notes and paperwork at your work place. It may not be feasible to do this every day, but even if just one day per week you do not bring work home, your house may feel more like a place where you relax and nurture yourself or your family. It is a practice worth trying to cultivate!