Research Workshop

- Once again, the Department will be hosting a series of Research Workshops for interested faculty. The first workshop of the academic year, “Developing a Data Analysis Plan” will be held on Thursday, December 6th from 5:30-7:00pm in the Family Medicine Conference Room (A3-179) in the Benedict Building at the University Campus. A light dinner will be served. The register: https://www.surveymonkey.com/r/fmchresearchworkshop2018

Presentations

- **Alan M. Ehrlich** presented a talk titled Medical Marijuana at the Worcester Jewish Community Center as part of their Distinguished Speakers program on October 23rd.

- **Amber Cahill** presented a lecture to medical and nursing students completing the UMass 2018 Veterans Health/Military Culture clerkship. The lecture focused on screening for Veteran status in primary care through a case example, as well as a focus on teaching students how to talk to patients about what post-traumatic stress does to the brain and body, PTSD diagnosis, and evidence-based approaches to treatment.

Presentations at the Department’s October 26 faculty retreat devoted to *Successful Stories from the Front Line: Building on Strengths and Preparing for the Future* included the following:

- **Frank Domino**, with assistance from **Tina Runyan**, presented *Beating Burnout*
- **Leah Honor** presented *(Re)introduction to UMass Medical School Library Resources*
- **Jennifer Averill Moffitt** presented *Mindfulness-based Childbirth and Parenting, and Being With Implicit Bias and Privilege: Mindfulness as a Tool for Reducing Racism, Discrimination, and Health Disparities*
- **Douglas Brown** presented *Anchor Mission as a Priority for UMass Memorial Health Care*
- **Beth Mazyck** presented *Establishing an Effective Program in Obesity Medicine Within a Practice*
- **Sarah Wakeman** (Massachusetts General Hospital) presented *The Role of Primary Care in Ending the Opioid Epidemic*
- **Dan Mullin, Stacy Potts and Pam Tsinteris** presented *One Academic Department’s Multifaced Approach to the Opioid Epidemic*
- **Kristina Gracey, Claudia Pierre, and Sara Shields** presented *Restoring Strength in FM-OB: Using the FM-OB Faculty Development Tool in the Annual Performance*
Review, and were joined by Phil Bolduc to present Complexity in Maternity Care: Moving Towards Consistent Care Practices

- Melanie Gnazzo presented Caring for Vulnerable and Underserved Patients
- Lucy Candib presented Women in Family Medicine Across the Globe – An Update from WONCA
- Hugh Silk presented What Makes You Come Alive?
- Warren Ferguson, Stacy Potts, Lucy Candib, and Mukti Kulkarni presented Advancing Best Teaching Practices to Address Racism and Unconscious Bias
- Warren Ferguson, Judy Savageau, Tina Runyan and Judy Hsu presented a panel discussion of Success Stories – Initiatives, Collaborations and Programs From Across the Department focusing on Diversity, Mentorship, Wellness and Project ECHO

Thanks also go to Leah Honor’s colleagues from the Lamar Soutter Library, who provided a series of one-on-one tutorials for up to 20 faculty devoted to improving their information gathering skills, and to Maria Broderick (Director of Clinical Education and Associate Professor, New England School of Acupuncture, Massachusetts College of Pharmacy and Health Sciences) and her colleagues who provided a series of small group Acupuncture Experientials for Relaxation

Wellness Moment
At the annual faculty retreat, we had gratitude jars available for people to write in what they were grateful for on that particular day and why … here is what you said
Today I am Grateful for ...

- Living in New England and driving her with all the fall colors because it makes me appreciate that change is natural.
- A beautiful sunny day in the woods because of the opportunity to learn in a great environment.
- My colleagues because they are awesome.
- Pending bad weather this weekend because I get to snug up at home with a fire and do some slow cooking.
- The opportunity to learn amongst my colleagues because caring for people as part of team is the focus on my professional life.
- Spending time with friends I rarely see because I miss them and enjoy the connection.
- My family because life is good and they make it the best.
- Life -- the good, the bad, the opportunity to see my son everyday, interact with my colleagues, make a difference in patients lives and hope to make this world a better place.
- For the mind my parents gave me and I’ve nurtured because it has permitted me to help others in such meaningful ways.
- Having this opportunity to be among new and old colleagues because it allows me to think big picture about work and forgive the need to check my e-mail every 10 minutes.
- Dan Lasser, because he has made a great department and I’m feeling things are better; I and others around me seem happier.
- Time to spend here with friends and colleagues because this only occurs a couple times a year.
- The incredible group of talented people in our department because they make me love my work.
- My colleagues and the support with which they provide me because with their guidance I grow stronger and remain resilient.